



# Self-Reflection and Goal Setting

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Semester End Reflection

A BLOCK

# Self-Reflection and Goal Setting

REVIEW

- Assess your own strengths
- Create realistic and achievable goals
- Construct a clear path to reach your goals
- We all do this all the time already, just maybe not intentionally in the classroom
  - Sports
  - Potential jobs
  - Plans after high school
  - Any goal!



# Today's Plan

- In November, we:
  - Completed a placemat
  - Uploaded a picture of the placemat to MyBlueprint
- Today, we will reflect on our term 1 goal



## Self-Reflection and Goal Setting

Name: Jane Smith

Learning Update: 1—Fall 2023

What is your realistic and achievable semester 1 goal, academic or personal, that you'd like to set?

*80% or higher in FOM 11.*

Why is this goal important to you?

*Math is hard for me, but it is important for me to do well in the course for my post-secondary goals.*

What is your clear path to achieve this goal?

- *Attend every single class*
- *Ask for help, which is hard for me*
- *Leave my cell phone in my locker ☹️*

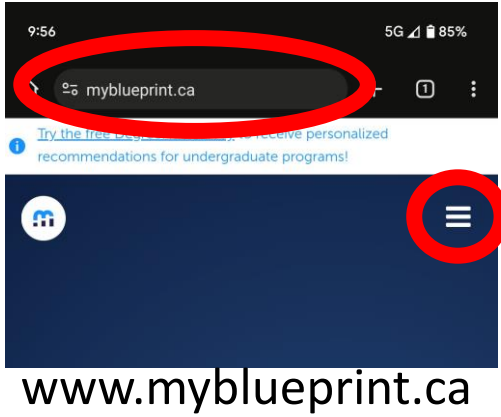


SCAN HERE



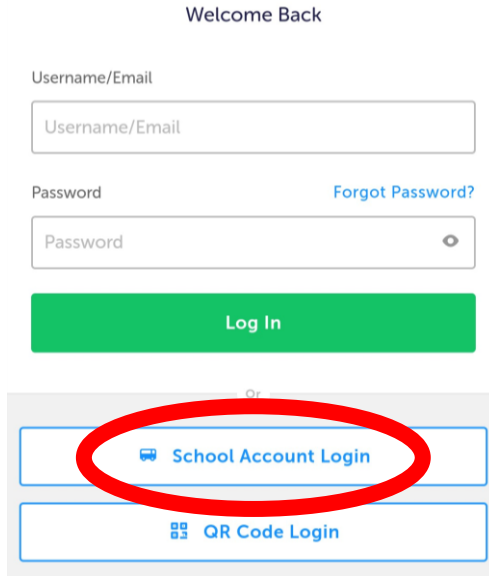
# Logging In

1

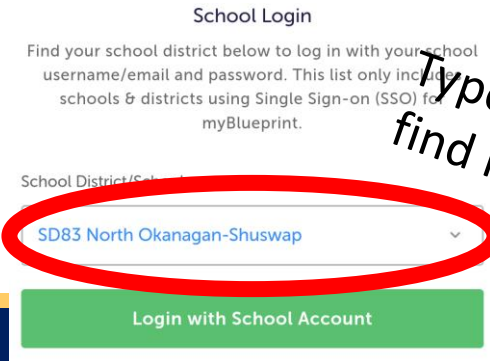


www.myblueprint.ca

3



4



Type sd83 to find it quick!

5



Sign in using your normal credentials.

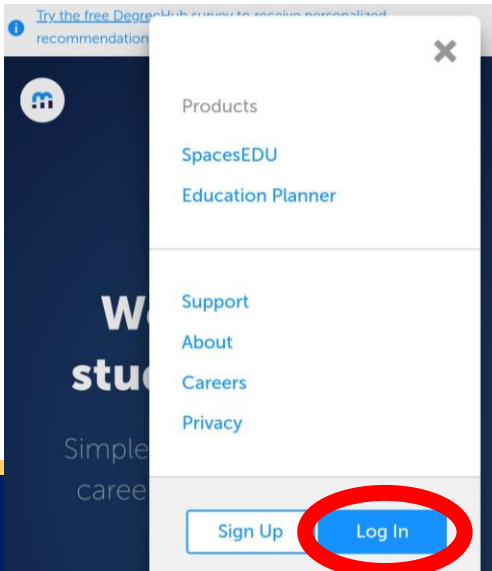
Sign in with your SD83 username and password.

User Name  
Password

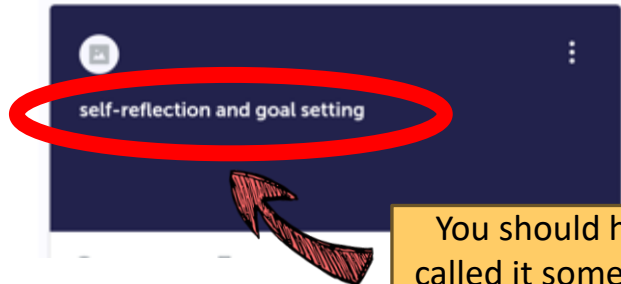
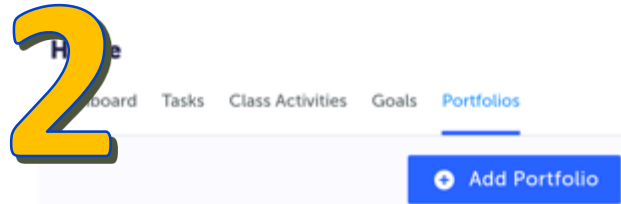
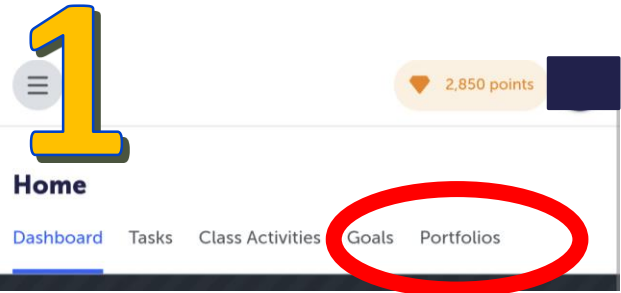
Sign in

If you do not know your account details, please contact the helpdesk

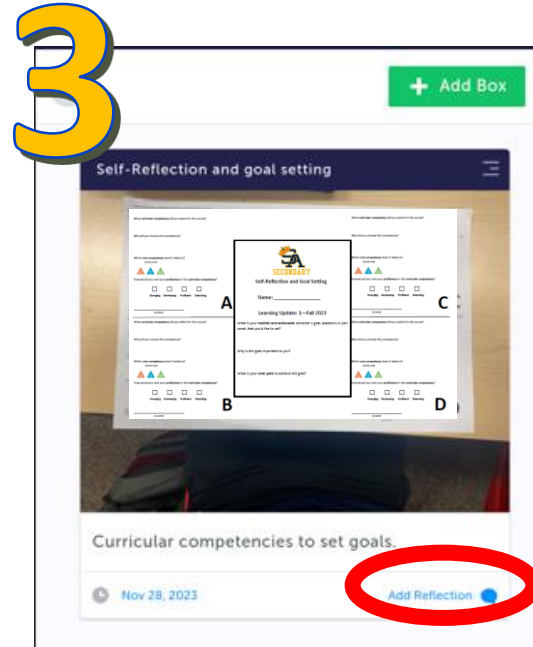
2



# Reflection



You should have called it something like this ...



**4**

